

Sabrina

The Teenage Stitch



Knit Cables (Without cable needles !)



(The left sides are the twisted cables, and on the right are the non twisted cables)

This uses a very simple method but yet very effective. Little strips are made by casting off stitches and casting back on.

Once all the strips are made to the desired length and all stitches are cast off, twisting the strips and interlocking them into one another will make the "platts" (or "cables").

There are 2 different platts that can be achieved, pictures are included further down with some instructions.

Once the whole piece is done, sew on some buttons and use the last loops to fasten on to the buttons !

Materials :

Any size of yarn and needles to go with the yarn. I used dk yarn and 4 mm needles

Abbreviations :

St : stitch

Sts : stitches

K : knit

Instructions :

This is according to the piece I did. I cast on 42 stitches but this could be easily adapted, the number of stitches could be easily changed, on the sides, middle and the strips themselves. The number of rows can also be changed.

There are 4 stitches on each side and in the middle, and 15 for each stripe.

Multiple of 19 stitches + 4

Cast on 42 sts loosely (or however many stitches you want)

K 4 rows

*K 4 sts, (cast off 15 sts, k 4 sts) × 2

K 4 sts, (cast on 15 sts, k 4 sts) × 2

Knit 4 rows*

Repeat from * to * until desired length

Cast off all sts loosely

Twist the loops method :



This is worked from bottom to top. Hold the bottom loop, twist it anti-clockwise, do the same with the loop on top, put the top loop formed through the bottom loop. Now follow this method until all loops are done. One final loop remains.

The no twist method :



This is worked from bottom to top. Hold the bottom loop, twist it anti-clockwise, get the next strip up and without twisting it, pull it through the first loop. Now follow this method until all loops are done. One final loop remains.

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